



*'It has been well said that a hungry man is more interested in four sandwiches than four freedoms'*  
*Henry Cabot Lodge, Jr.*

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## Sandwich Platters

### The Breads....

Prepared on Granary, Wholemeal & White Sliced Breads (6 x 1/4 per person)

OR

Homebaked Artisan Breads (3 per person) - Assorted Soft buns & Sourdough Cobs, Ciabatta, Rye Bread, Crusty Baguette, Bagels & Tortilla Wraps

OR

A Mixture of the Two....Some Sliced + Some Artisan

All prepared with Fresh Baby Leaf salad

### The Fillings....

Standard provision will be 1/2 Meat & Fish plus 1/2 Vegetarian

#### 'Old Favourites' - £3.50 per person

Selection including all of the following:

**Meat & Fish** : Herbed sliced Chicken Breast ♦ Roast Ham ♦ Tuna Mayonnaise ♦ BLT

**Vegetarian**: Cheddar Cheese & Tomato with Chutney ♦ Free Range Egg & Watercress Mayonnaise ♦ Chunky Homemade Hummus ♦ Three Cheese & Spring Onion Savoury ♦ Cream Cheese & Peppers

#### 'Fine & Dandy' - £4.25 per person

Our Daily Selection chosen from the following:

**Meat & Fish** : Wiltshire Cured Ham & Sliced Egg ♦ Poached Fresh Salmon & Watercress ♦ Chicken Caesar with Crispy Streaky Bacon ♦ Plump Prawns with Lemon & Dill ♦ 'New Yorker' - Salt Beef, Monterey Jack Cheese, French's Mustard & Gherkin ♦ Smoked Salmon & Cream Cheese ♦ Pesto, Feta, Parma Ham & Sun Blushed Tomatoes ♦ Chicken & Chorizo ♦ Crayfish Tails with a Light Citrus Dressing ♦ Roast Beef, Horseradish & Red Onion

**Vegetarian**: Tasty Lancashire Cheese with Sweet Tomato & Chilli Chutney ♦ Egg Florentine with Emmental & Fresh Spinach ♦ Brie De Meaux, Redcurrant Relish & Black Grapes ♦ Chunky Homemade Hummus with Grated Carrot & Roast Peppers ♦ Buffalo Mozzarella with Fresh Basil Pesto & Sun Blushed Tomatoes

*All prices subject to v.a.t. at the current rate*



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### 'Lo Fat' - £4.25 per person

Our Daily Selection chosen from the following:

**Meat & Fish:** Poached Fresh Salmon & Watercress ♦ Sliced Chicken Breast ♦ Tuna, Cucumber & Ricotta with Spring Onion ♦ Prawns with Black Pepper & Light Vinaigrette ♦ Roast Beef, Red Onion & Horseradish ♦ Chicken Tikka with Riata

**Vegetarian:** Cottage Cheese & Chives ♦ Avocado with Roast Peppers ♦ Homemade Hummus with Grated Carrot ♦ Sliced Egg & Rocket ♦ Feta, Tomato, Olives & Cucumber ♦ Camembert & Roasted Plum Tomatoes

### It's A Wrap....

Spinach, Tomato & Original Flavour Wrap Spirals (3 per person)

'Old Favourites' - £3.50 per person

'Fine & Dandy' - £4.25 per person

'Lo Fat' - £4.25 per person

### Mini Cocktail Sandwich Selection - £4.25

'Canape Style' Bite Size Butties ( 3 per person )

Our Daily Selection chosen from the following:

Skewered B.L.T. Club Sandwiches ♦ Mini Croissants filled with brie (V) ♦ Cocktail bagels topped with cream cheese and Smoked Salmon ♦ Focaccia topped with Goats cheese and Sun Blushed Tomatoes (V) ♦ Tortilla Wrap Spirals filled with Shredded Duck in Hoi Sin Sauce ♦ Mini Walnut Bloomer with Lancashire Cheese & Tomato & Sweet Chilli Relish (V) ♦ Mini Tin Loaf Sliced with Ham Hock & Wholegrain Mustard ♦ New Yorker on Rye Bread ♦ Greek Salad Tortilla Spirals (V) Fresh Poached Salmon on Mini Wholemeal Buns ♦ Rye bread with Prawns...plus other seasonal varieties !

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*'Yesterday I had fantastic sandwiches catered by you at the University. What bread do you use? I particularly liked the black coloured bread with seeds in it. Do you bake it by yourself? Any possibility of purchasing the bread?' Chieko Yonezawa*

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